

MORE INFORMATION

For further information about using the MBTI instrument in your organisation please contact Rod or Alan at SHARE. We would be happy to discuss the various options with you to find out what is best for your situation.

Phone: 0141 550 7595

rod@share.org.uk

alan@share.org.uk



We work better together



a new service from

SHARE



a new service from SHARE

Kirkhaven Church
120 Sydney St
Glasgow
G31 1JF

Tel: 0141 550 7595
Fax: 0141 550 7596
Email: info@share.org.uk
Web: www.share.org.uk

MYERS-BRIGGS TYPE INDICATOR®



About the MBTI



On average, 80-90% of an iceberg is below the surface!

It is often said about a person that “there is more to them than meets the eye.” The Myers-Briggs Type Indicator is a versatile tool which can help you get below the surface to explore and understand your own personality as well as that of others.

Based on Carl Jung’s theory of psychological types the tool utilises a framework which identifies your preferences for where you like to focus your attention, how you gather information, how you make decisions and how you prefer to live your life.

The instrument is unique in that each preference is regarded as equally valid, with the focus being on the positive qualities and strengths of the different personality styles.

After completing a short questionnaire you receive face-to-face feedback from staff trained in its interpretation and application.

Business applications

For over 50 years the MBTI instrument has been the subject of research and development. The current version is being used extensively world-wide with 3.5 million questionnaires being administered annually as a tool for understanding normal personality differences.

In the workplace it has a variety of applications including:

- ◆ Self-awareness and personal development
- ◆ Team development
- ◆ Management & leadership training
- ◆ Problem solving
- ◆ Resolving conflict and improving communication
- ◆ Career development



How will SHARE use MBTI?

At SHARE we think the MBTI can be used in a number of ways to help us in our work with organisations:

- ◆ On an individual basis it can be used to assist with coaching or career planning
- ◆ Chairs of Management Committees will find this useful to help raise awareness of their strengths and identify areas for further development
- ◆ With teams at any level it can be used to support in-house team-building activities, to help develop awareness and understanding of the different ways people operate
- ◆ With Senior teams in helping to improve communication, explore problem solving and resolve conflict
- ◆ To support personal development as part of a structured programme or on a one-to-one basis

